International Student Newsletter - March 2017







Dydd Gŵyl Dewi Hapus! - Happy Saint David's Day!

Today, 1st of March, is Wales' National Day. People celebrate St. David's day by wearing a daffodil, the symbol of Wales, or a leek, St. David's personal symbol. It is a great opportunity to discover some Welsh traditions and foods, such as TWMPATH (traditional dance) or freshly baked Welsh Cakes. We encourage you to celebrate this festivity by challenging you to say at least ONE word in Welsh every day

this month! Next time you go shopping or someone holds the door for you, say DIOLCH instead of Thank you!

#yesyoucan #cymraeg #cymruambyth



Join Us!



HOW TO CONTACT THE INTERNATIONAL STUDENT SUPPORT TEAM:

Website: www.bangor.ac.uk/international/support

Email: internationalsupport@bangor.ac.uk Telephone: 01248 382882

www.facebook.com/BangorUniversityInternational www.instagram.com/bangorinternational

#Bangorinternational

Internationals GO GREEN

As Sir David Attenborough once said: "No one will protect what they don't care about, and no one will care about what they have never experienced". At the International Education Centre we care about the environment and the Planet's future so we will be starting a new project next academic year. *Internationals GO* GREEN will be the new environmental project to encourage students to experience and learn about sustainability and wildlife. Through a series of talks, workshops and trips, we aim to encourage international students to learn more about ways to become more sustainable and eco-friendly by changing some daily-life habits. As a pilot exercise, the International Student Support Team has organised a Beach Clean trip on the 25th March in collaboration with the North Wales Wildlife Trust (NWWT). On the day, and together with NWWT guides, we will travel to Anglesey and collect litter from a beach to later analyse what has been found and



think about ways to stop littering and why it is important to do so. Even if the event is FREE, you will have to get a ticket from our Reception as spaces are limited. Don't Delay! Get yours today and join us in our quest for a cleaner, better world by helping the local community and having fun on a day out by the sea with your friends!









International Ambassadors' Column - Katie Wood, UK



"When we're in a strange and new place we have the tendency to stick to what we know. We find people from our home country and make them our friends because we know how they work and that we won't offend them with our manners or our way of speaking. This is a barrier that I wanted to break down as an international ambassador – for people to be able to make friends they had never imagined.

The 21st February just so happened to be International Mother Language Day. With (a lot of) help from LangSoc, the International Education Centre set up a stall in the foyer of Main Arts and encouraged people to pin phrases in their native language on our map. As expected, the most students come from areas like Europe and China with only a few from America and other Asian countries (see picture below).

I'm a UK student myself which means I mainly meet international students through my role as an ambassador and this was a great opportunity to meet people from so many places and enjoy trying to share language with them. I got to meet people who were so amassed that there were so many people from their country and got the chance to try to speak their language as they had written it. I even got a chance to see some tongue-twisters in other languages and try, and fail, to read them out.

At night, LangSoc hosted a great evening at Belle Vue with some short talks on minority

languages followed by a (very difficult) quiz about knowledge of the world and its languages. Everybody had a great time and it was good to see so many people attending and interacting with people from different nationalities than their own. Bangor is a great place for celebrating unity, of the entire world coming together. But it's also a great place to see just how unique we all are and how that gives us unique worldviews and how we all work together to make the world great.

More details about Katie and how to contact the rest of the Ambassadors at:



www.bangor.ac.uk/international/studentprofiles/ambassadors

Undeb Bangor - Elections Time!

The BIG Elections are your chance to decide the future leadership of Undeb Bangor - Your Students' Union.

If you're unsure about who to vote for, you can come along to the question time <u>at 6.30 pm on Thursday 2nd</u> <u>of March at PL2 in Pontio</u>, and here the candidates discuss their manifestos and tell you what they can offer the students.

Between the 8th and 10th of March you can vote on <u>www.undebbangor.com/elections</u>, you can also check out their manifestos on the webpage!

The future direction of the \$tudents' Union lies in your hands!





#Together We... improve International Exchanges



Bangor's International Exchanges Office carried out a survey in Semester 1 to collect feedback from exchange and study abroad students on the services we provide and their impressions of the institution. This is part of the University's #TogetherWe campaign, where staff and students work together to make improvements.

"Thanks to the survey we were able to identify some improvements which we are currently introducing. We also received very useful suggestions such as:

- Semester 1 students explained that their earliest recommended departure and semester end dates were confusing and inconsistent with halls accommodation contracts. #Together We ... are changing our web page to improve clarity on academic related dates.
- Students suggested they would have liked to receive information on examination methods in the UK, as they could be dauntingly different from their home universities. #Together We... are currently exploring ways of improving awareness of Bangor's methods of assessment through, for example, a new section in our Study Abroad Guidebook.

As we found the feedback so useful we decided to carry out a new survey for semester 2's new students.

Thanks to all students who took part in our survey!

Your feedback will definitely benefit future exchange students' experiences in Bangor!"

Bangor CSSA Spring Festival Gala

Chinese New Year is the most important festival in China. This year, the year of the rooster, Bangor Chinese Student and Scholars Association and the Confucius Institute organised a Spring Festival Gala packed with many unforgettable performances. Some distinguished guests attended including the Mayor of Bangor City, Councillor Dewi Williams; Deputy Head of Business School, Professor Goddard; Mr. Sun from the Education Section of the Embassy of the People's Republic of China, and Ms. Xin from Bangor Confucius Institute.

The show was opened by our amazing Brass Band from Bangor University, who played three songs. After that, there were some Chinese Folk Dances and Taiqi Performances by CSSA Bangor, North Welsh Chinese School, Our Lady's Primary School and the Confucius Institute. By the end of the Gala, a Chinese guzheng and piano performance with poem recital, a Cross-Talk and some songs captured the audience in a net of traditional

Chinese culture.

Performers garbed in beautiful traditional minority costumes and brought us a variety of styles of performances. The Spring Festival Gala symbolises happiness and luckiness as well as a good coming year for everyone.





Bangor Indian Society invites you to HOLI!

Holi is one of the major festivals for Hindus. It is celebrated in many parts of India, but especially in the North.

The festival is celebrated for two to three days. People pour coloured water on each other and cook many types of sweets and other food. Holi is celebrated in the spring season because it is welcoming spring. They believe spring is full of colours so they throw coloured water on each other.

In order to celebrate, Bangor Indian Society has organised a free Holi event on the 9th March (7pm - PJ Hall). There will be a series of dance performances, singing performances and a Bollywood dancefloor featuring the Society's own DJ as well!



On the 11th or 12th (weather dependent) there will also be a colour explosion in Ffriddoedd
Village from 12pm until 4pm.
YOU JUST DON'T WANT TO MISS IT!

Follow all the updates here:

https://www.facebook.com/ bangorindiansociety















ORTED BY BANGOR UNIVERSITY'S COMMERCIAL SERVICES DEPARTMENT

FAIRTRADE FORTNIGHT IS ALSO SUF

FAIRTRADE FOOD AND DRINK AVAILABLE ACROSS THE UNIVERSITY OUTLETS

27.02.17 -12.03.17



Fair **T**rade **U**p **Ffridd Shop**

Donate an old hoody and get 10% off a new Bangor University Fairtrade hoody.



TUESDAY

28th February

Pancake **D**ay! Barlows Kitchen 7-9pm



WEDNESDAY

1st March

St David's Day! Barlows & Braint 5-6pm

Free Fairtrade Tea, coffee and Welsh cakes



THURSDAY

2nd March

Get Your Free Fairtrade Fruit

Ffridd & St Mary's Halls 8.30-9am



FRIDAY **3rd March**

Fairtrade Clothing Event

SPEAKER CONOR SAVAGE UNDEB BANGOR PRESIDENT Room of Requirement SU, Pontio 6-8pm



Film With Fairtrade Tea & Coffee

Braint Common Room & Acapela 8pm

SATURDAY 4th March

Fairtrade Coffee Morning

Capel Penuel 11am



Curry **D**inner

Capel Penuel 12.30pm £5 Bookings: j.pye@bangor.ac.uk

MONDAY 6th March

Fairtrade Hot Chocolate

Ffridd & St Mary's Halls Office 8.30-9am



TUESDAY 7th March

Ethical Procurement of **H**ealthcare **P**roducts

Room 8 Fron Heulog 12.30 - 1.30pm



THURSDAY

9th March

Cook Fairtrade Brownies
Barlows kitchens 7-9pm



FRIDAY 10th March

Fairtrade Pudding Club

Booking: campuslife@bangor.ac.uk Teras Lounge, 7pm (limited places)



Study Skills Centre - Workshops

"Our aim is to demystify academic practice and to provide opportunities for exploring those processes and strategies that encourage academic success.

We offer 1–2-1 appointments, workshops, and Maths and Stats support.

To arrange an appointment for 1-2-1 Writing appointments or for Maths and Stats support visit our website: www.bangor.ac.uk/studyskills

To attend one of our free, interactive workshops this semester visit our website to reserve your place."



For further information or advice:

Website: www.bangor.ac.uk/studyskills

Email: Studyskills@bangor.ac.uk

Telephone: 01248 38 2689

Or Facebook and Twitter.



BEING CRITICAL WORKSHOPS

Paraphrasing and Avoiding Plagiarism Wednesday 1 March 2017, 13:30–15:30 Making your Argument Stronger Wednesday 8 March 2017, 13:30–15:30 Polishing Your Writing Wednesday 15 March 2017, 13:30–15:30 Oral Presentations Wednesday 22 March 2017, 13:30–15:30

GREAT DISSERTATION WORKSHOPS

Research Proposals	Thursday 2 March 2017, 10:00–12:00
Writing Abstracts	Thursday 9 March 2017, 10:00–12:00
Writing Introductions	Thursday 16 March 2017, 10:00–12:00
Finding Answers to your Research Questions	Thursday 23 March 2017, 10:00–12:00
Defining your Topic	Wednesday 29 March 2017, 13:30–15:30
Mapping your dissertation	Thursday 30 March 2017, 10:00–12:00
Planning your Dissertation	Wednesday 26 April 2017, 13:30–15:30

Careers & Employability Services

The Careers & Employability Service (CES) offers a range of services, activities and events to support all students in developing personal and employable skills. Attendance at events counts towards your Employability Account. Here are some events that might interest international students but also see more of our CES events: https://my.bangor.ac.uk/employability/events/



Tue; 07/0313:00-14:00 Planning your summer to boost your employability Alun A2.01

Wed 08/0312:00-13:00 International students - Improve your CV Alun A2.01

Wed 08/0313:00-14:00 International students — Interview skills MALT

Wed 08/0315:00-17:00 Working across cultures (booking required) Alun A1.06

Thur; 09/03 12:00-13:00 Employability Pop Up Deiniol Library — Social Learning Area

The Careers Team will be visiting different sites throughout this semester offering Employability Pop Up Clinics. You can bring your CV in to be checked, have help with filling in application forms and writing cover letters, ask any questions about interviews and career planning, get job hunting advice, or have tips for securing work experience placements or volunteering. No need to book, just drop by anytime between 12pm – 1pm at the stated location.

Tue: 14/03 12:00-13:00 Working in the UK for international student: (IEC) Alun A0.01

Tue: 14/03 13:00-14:00 Job search in the UK for international student: Alun A0.01



ELCOS - Language Improvement

"This semester we have students from all over the world for our regular classes. On Tuesday mornings we have and IELTS preparation class which is open to anyone. This is a great chance for BU students to prepare for



IELTS by focussing on one skill per week. It is also great for our ELI students to see some new faces! Students from Bangor Business School joined us this week to practice their speaking skills."

What students are saying about the course:

"Before I arrived here I couldn't speak English because I was shy. But now I am more confident and not afraid of making mistakes."— *Ibrahim*

"Here is a small class to ensure that every student can participate in the classroom. We are less than 10 students. My classmates are from Saudi Arabia and Libya. I come from China." — *YiCai*

If you are interested in the course, have a look at:

http://elcos.bangor.ac.uk/general.php

What's On - OSCARS at Pontio

Pontio brings to you two gems of modern cinema this month. Two films that beautifully present moving and powerful stories with the underlying topics of feminism, racism and homophobia. From a true story of a team of Afro-American scientist women working for NASA's Space Race during the 60's in Hidden Figures; to the life story of Chiron, a young gay black man struggling to find his place in the world in a rough neighbourhood of Miami in Moonlight. Spirit lifting, pure gold.

Moonlight: 10-16 March Hidden Figures: 24-29 March



















Fancy a trip to CARDIFF? Join us and discover the Capital of Wales

Join us and our legendary local guides on this 3-day adventure direct from uni to the Welsh capital!

Hit the highlights of one of the most important cities in Wales for sightseeing, history & culture. Get up close to an ancient fort and ultra-modern architecture, discover the seat of Welsh power, and follow in the footsteps of the Doctor Who. Get tickets today from www.dontbeatourist.co.uk/trip/show/379

What's Included?

- Awesome Trip Leader get tips & ideas from your friendly, experienced guide, 24/7.
- All transport travel comfortably by private modern air-con / heated coach.
- 2 nights accommodation multi-share (4-12 bed), Cardiff's top 2 hostels!
- 3 meals 2 x continental breakfast, 1 x twocourse Cardiff Group Dinner
- Sightseeing / orientation of all destinations
- Plenty of free time explore more
- University pick-up / drop-off hop on direct from uni.
- All local taxes / tips / service charges no hidden extras

